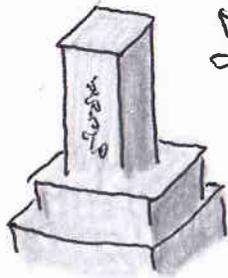
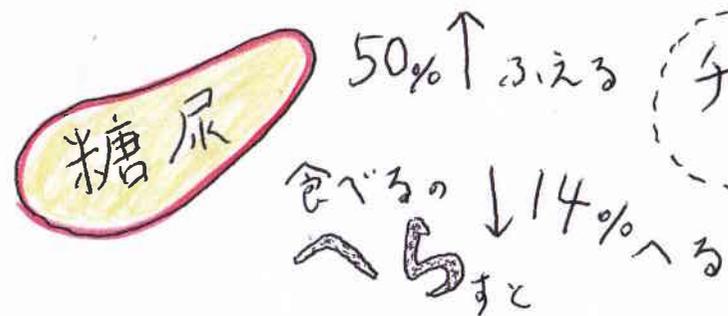
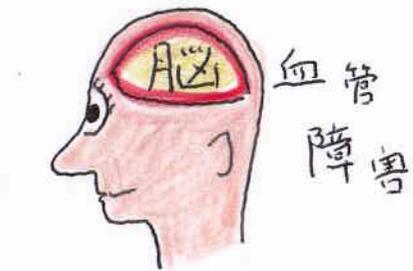
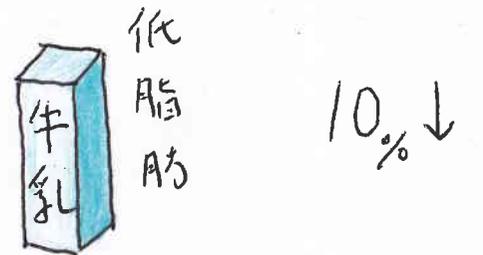
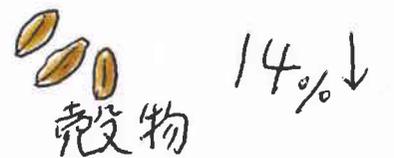
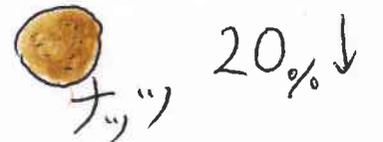
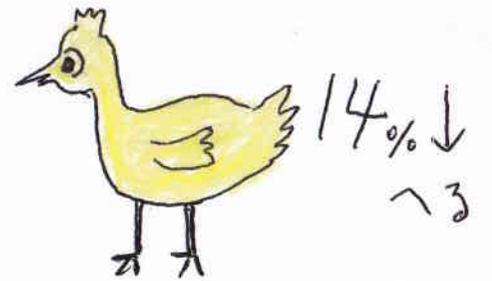
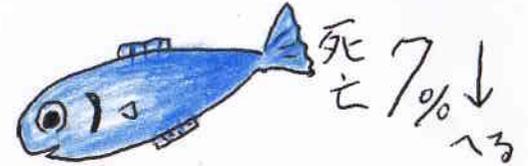
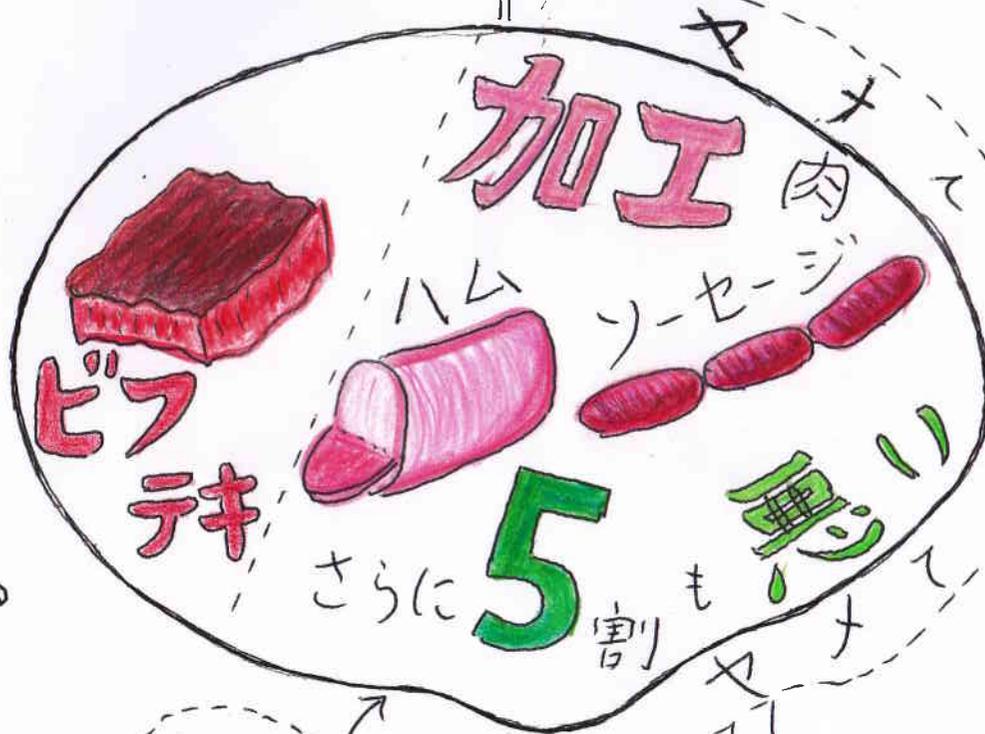


# 赤身肉 は そんなに **悪者** とは 知らなんだ!!

今よりさらに、一食分  
よけいに食べると  
死亡 13% ↑  
ハム・ソーセージ  
なら 20% ↑



今食べてる量  
さらに半分にすると  
死亡 10% ↓



ちょっと信じられ  
ない!